

SUMMER ADOLESCENT

INTENSIVE OUTPATIENT PROGRAM

Offering group-based Intensive Outpatient Programs this summer for adolescents ages 13 to 17.



We Help with the Following

- *ADHD, Depression, Bipolar, Anxiety*
- *Alcohol & Drug Use*
- *Emotional Management*
- *Social Skills*
- *Trauma-Informed Care*

Program Scheduling

- *3-5 Days a week*
- *3 Hours per day*
- *6-8 Weeks*
- *In-Person or Virtual*

CONTACT US:

Call 360-651-6400 or
Walk-In 3955 156th St NE, Marysville, WA 98271

WHAT WE OFFER

- Group Therapy led by a compassionate therapist.
- Dialectical Behavior Therapy: An evidence-based approach aimed at helping individuals manage intense emotions, enhance relationships, and minimize self-destructive behaviors.
- Medication Management
- Acquire tools for personal growth.
- Connect with peers.
- Remain anchored in therapy and maintain a routine throughout the summer months.



How to Enroll

- *Come in for a free mental health assessment, no appointment required.*

Make a Referral

- **Fax: 360-651-6390**
- **Email:**
SBHIOPReferrals@smokepointbehavioralhospital.com

In Network With

- ***Most WA Medicaids Plans***
- ***Commercial Insurance Plans***
- ***TriCare***
- ***TriWest***